



JUNIOR LEAGUE OF
WASHINGTON

FOR IMMEDIATE RELEASE

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**Junior League of Washington to Host Annual Child Nutrition Fair at
YMCA Anthony Bowen**

WASHINGTON, DC - The Junior League of Washington (JLW) is proud to host once again its fun-filled, family-friendly nutrition fair, *Kids in the Kitchen*. In its 11th year in the District of Columbia, this free event brings local restaurants, nonprofits, and nutrition and fitness experts together for a day of games, crafts, hand-on learning, and exciting prizes to celebrate and promote better nutrition education and a healthy lifestyle.

Everyone is welcome, with exhibits, games, and activities for children ages 3-13. Special activities this year will include cooking demonstrations, physical fitness classes, a nutrition-focused story corner, and crafts. The first 100 kids will receive a gift certificate for a *FREE* Chipotle Kid's Meal in their goodie bags.

WHAT: The Junior League of Washington's *Kids in the Kitchen*

WHERE: YMCA Anthony Bowen
1325 W Street, NW
Washington, DC 20009
U Street Metro

WHEN: Saturday, February 25, 2017
9 a.m. - 1 p.m.

WHY: Poor nutrition and childhood obesity remain serious problems in Washington, DC, where one in three children is overweight or obese – giving DC the unfortunate distinction of having the third highest child obesity rate in the nation. Through *Kids in the Kitchen*, JLW is doing its part to help reverse that statistic.

This event is part of a broader initiative by The Association of Junior Leagues International, Inc. (AJLI), of which JLW is a member. Over 225 Leagues across four countries have participated in *Kids in the Kitchen*, supporting the fight against the epidemic of childhood obesity, helping improve the health and wellness of children, and promoting nutritional literacy and a healthy lifestyle.

ABOUT THE JUNIOR LEAGUE OF WASHINGTON

The Junior League of Washington (www.jlw.org) is a nonprofit organization of more than 2,300 women who annually donate thousands of dollars and volunteer hours to the Washington, DC, metropolitan area. JLW is committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. JLW focuses its financial and volunteer resources on the issues of literacy – adult, child, and cultural – and works with a diverse group of community partners. Since 1912, JLW has donated more than five million hours of direct volunteer service and more than \$5.8 million to the Washington, DC, community.

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